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## **PROBLEM OF SUICIDE**

**Introduction.** Suicide has always aroused interest, compassion, and, as a result, the desire to understand the roots and origins of this phenomenon. This is a phenomenon with multidisciplinary nature. This topic is not popular in society because of the moral sides of it, people are afraid. But that problem is still here, and we must talk, research more about it. We must help people to prevent more deaths and make them feel comfortable in their life. The research describes suicides from a sociological point of view.

**Objectives of the paper.** The objectives of the paper are: to create a picture of what's happening in the sphere, to analyze differences between different categories of people, to look at different factors of suicide, to describe the main problems we have now, to raise and disseminate the theme in society. Suicide is the act of intentionally causing one's death, often carried out in desperation, attributed to mental illnesses [1]. Suicide is one of the manifestations of auto-aggressive behavior [2]. For the first time, Emile Durkheim investigated the problem of suicides from a scientific point of view. The sociologist pointed out that persons who have a more powerful grid of social connections are less prone to suicides than persons who are poorly associated with the lives of groups [3]. Personal motivation for suicides varies between different crises.

**Results of the research.** At the time of summing up, 102 people were accepted in the survey, including 49% of men and 51% of women. Main age categories: under 16 years (23.8%) and 17-25 years old (72.3%). From the results of the survey, we can create an overall picture among people with suicidal thoughts. Among them, there are more men by 9.6%. On average, the frequency of stress situations is estimated at 3.6 out of 5. Only 38.7% of them are socially active. 64.5% have constant trouble

sleeping. In general, according to the results of the survey, we have the following situation. The rate of frequency of stressful situations is average and equal to 2.93 out of 5. According to the research, this contributes to depressive sentiment in the population. Only 17.6% of respondents have healthy sleep. Stable sleep problems are seen in 40.2%. In addition to the suicide risks, it also describes one of the effects of frequent stress. Half of the respondents are socially active. The other half is at risk. It is worth noting that social activity can also be affected by moral exhaustion due to stress. Part of the survey was devoted to analyzing the opinions of the population as to my topic.

Society's attitude to suicide affects the risk of committing suicide. Pressure from others can be decisive. Among the respondents, 22.5% condemn suicides. They are not ready to perceive such people. 37.3% could not answer. We can say that they did not think about this problem at all. 63.4% believe that a person has the right to commit suicide. They argue their choice by the fact that each person owns his life and can end it himself. The other part denies. They believe that everyone is responsible not only for themselves but also for their loved ones. As a result of the plight of society, more than half of the respondents met potential suicides. And 3.9% themselves tried to end their lives by suicide. It shows how important the problem is. We must stop glossing over it to improve the state of the population.

**Conclusion.** The overall picture of the research shows, that people now are in a risky situation. Different factors push us to a depressing state and increase the number of potential suicides. People should be more informed about this topic. We can't pressure on those, who need help. Only if we can understand them, we can help. So, let's talk about it! The problem of suicide is very deep and serious. We must do everything we can to stop it!

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